CITY OF LONDON

ENABLED BY

Army Benevolent Fund



APRIL 2027

SUPPORTING VETERANS INTO SUSTAINABLE EMPLOYMENT FOR 20 YEARS

SUPPORT AND DONATION OPPORTUNITIES

INCLUDING THE WARRIOR AND LIFEWORKS PROGRAMMES

SUPPORTING ALL MEMBERS OF HIS MAJESTY'S ARMED FORCES

ROYAL NAVY & ROYAL MARINES CHARITY

Army Benevolent Fund

Royal Air Force Benevolent Fund

SUPPORTING OUR NATION'S VETERANS

Every year, servicemen and women leave the Armed Forces and face the challenge of transitioning back into civilian life and building a civilian career. While many transition successfully, others face barriers including poor mental health, loss of confidence, long-term unemployment, and social isolation.

For 20 years, the Lord Mayor's Big Curry Lunch has raised vital funds to help veterans of His Majesty's Armed Forces successfully transition to civilian life. Through specialist employment, wellbeing and resilience programmes, funds raised support veterans and their families to overcome barriers, build confidence and secure meaningful employment.

Through Warrior and Lifeworks, the Lord Mayor's Big Curry Lunch funds validated programmes that help veterans overcome these challenges and build fulfilling futures for themselves and their families.

Since 2008, the Lord Mayor's Big Curry Lunch has raised over £4.6 million. More than 85p of every £1 raised directly supports veterans through specialist programmes proven to improve employment outcomes, resilience, and mental wellbeing, meaning that support can be delivered effectively to those most in need. This is made possible through the generosity of sponsors, donors, in-kind supporters and a dedicated volunteer workforce who collectively help minimise event costs and protect charitable income.

Stewardship of Funds and Maximising the Impact of Every Contribution

The Lord Mayor's Big Curry Lunch is committed to ensuring that financial support delivers the greatest possible benefit to veterans and their families.

The three single-service charities, the Royal Navy & Royal Marines Charity, the Army Benevolent Fund, and the Royal Air Force Benevolent Fund, are the conduits which the LMBCL Committee use to ensure the maximum impact of the funds raised. The Committee is very grateful to the ABF for providing their administrative expertise to the annual Lunch programme.

WHO DOES THE LORD MAYOR'S BIG CURRY LUNCH SUPPORT?

thewarriorprogramme

The Warrior Programme is an intensive personal motivation and training course for veterans and their families, designed to build mental strength, resilience, and emotion management skills.

Delivered over the course of 12-months through workshops, a 3-day residential or online course, and ongoing aftercare, the Warrior Programme aims to relieve the emotional pain suffered by individuals arising from stress, depression, anxiety, and post-traumatic stress disorder.

The Centre for Military Health Research at King's College London has analysed the Warrior's Programme results. They showed significant and lasting improvements in emotional wellbeing, resilience and daily functioning, as well as strong employment outcomes: the number of participants in work rose from 17 to 28 immediately after the Programme and after one year 68% were in employment or training, including 52% of those who had previously been unemployed and not seeking work.

LIFEWORKS

Lifeworks' purpose is to provide education, training and help with employment for all veterans of the Armed Forces. This support offers practical advice, guidance, and support regardless of length of service and is available nationwide.

Lifeworks is provided to long-term unemployed veterans, including veterans overcoming homelessness. It is delivered in deprived areas of the UK. 64% of participants have mental health challenges, and 38% have physical health barriers, including long term health conditions.

They enable veterans to approach working in the civilian workplace with increased confidence and motivation.

Lifeworks help veterans identify their strengths and help decide on potential career and training opportunities. They help veterans develop the skills they need to job search and write a CV.

With the additional funds raised, we also provide funding to the three national single-service charities to support their vital work supporting veterans and enabling them to find sustainable and meaningful employment.

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HOW YOUR LIVERY CHARITY CAN MAKE A DIFFERENCE

Every contribution made through the Lord Mayor's Big Curry Lunch helps veterans overcome barriers to employment and build successful civilian lives.

The programmes supported by the Lunch provide targeted interventions that help veterans develop resilience, gain new skills, identify employment opportunities and secure meaningful work.

WARRIOR PROGRAMME SUPPORT

£2,500 supports one veteran or family member through the Warrior Programme.

Support Levels
£2,500: Support one veteran or family member through the programme.
£7,500: Enable three veterans and/or family members to participate.
£25,000: Support a cohort of ten individuals to participate.

LIFEWORKS PROGRAMME SUPPORT

£1,500 supports one veteran to participate in employment training and career transition support delivered by Lifeworks.

Support Levels
£1,500: Fund one veteran through Lifeworks.
£4,500: Fund three veterans through Lifeworks.
£15,000: Fund ten veterans through Lifeworks.

If you would like to create a bespoke support package, please contact Jessica Riley at lmbc@armybenenvolentfund.org.

INVEST IN LONG-TERM VETERAN OUTCOMES

The transition from military service to civilian life can be one of the most significant challenges a veteran faces. Access to the right support at the right time can mean the difference between isolation and opportunity, unemployment and a rewarding career, struggle and renewed confidence.

Funds raised through the Lord Mayor's Big Curry Lunch directly support programmes that equip veterans with the resilience, skills and practical support needed to achieve long-term success.

Recognition of Support

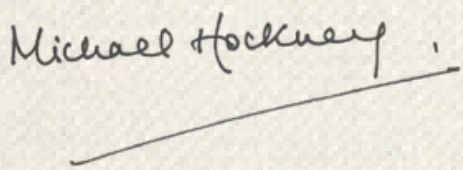
In recognition of your support, donors are invited to attend the Lord Mayor's Big Curry Lunch and engage with fellow supporters, veterans, Armed Forces representatives and charity partners. We also feature your support in the LMBCL Programme, on our website, LinkedIn, and on digital screens across Guildhall during the Lunch.

After the Lunch, you will receive an Impact Report which will detail the invaluable difference your contribution has made for veterans' and their families' lives.

Invitation to Support

As we mark the 20th Lord Mayor's Big Curry Lunch, we invite you to help us continue this vital work. Together, we can create lasting opportunities for veterans and their families for years to come.

Thank you on behalf of the Lord Mayor-elect and myself.



Michael Hockney
Co-Chairman and Founder, The Lord Mayor's Big Curry Lunch

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DEADLINE FOR INTEREST: 9TH FEBRUARY 2027

FOR MORE INFORMATION OR TO DISCUSS ANY OF THESE SUPPORT OPPORTUNITIES IN MORE DETAIL, PLEASE CONTACT:

JESSICA RILEY
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The Army Benevolent Fund is a charity registered in England and Wales (1146420) and in Scotland (sc039189). Registered as a company limited by guarantee in England and Wales (07974609). Registered Office: Mountbarrow House, 12 Elizabeth Street, London SW1W 9RB

Registered with FUNDRAISING REGULATOR

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